



What Makes Me Brave?

Memory Verse

Joshua 1:9 Be strong and brave. Do not be afraid. Do not lose hope. I am the Lord your God. I will be with you everywhere you go.

Open in prayer

“Dear God, thank you so much for today and that you are here with us. Help us to learn about you and how much you love us today. Give us faith that You are on our side and that our strength is in you. In Jesus name, Amen.”

Opening Family Discussion

1. What is something you wish you were brave enough to do?
2. Are there any fears you have right now that you wish you could overcome or that they would go away?

Great news! We don't have to be afraid because God is on our side and we can depend on Him to comfort us in the midst of our fears!

Worship and Bible

- Watch Brave Series Lesson 1 at <https://lifechurchx.com/what/experience/lifekidsx/>
- Read the story of David and Goliath in 1 Samuel 17 (or any children's bible)
- Watch the story of David and Goliath at <https://www.youtube.com/watch?v=NuedVFB8-7Y>

1. Do you think David could have defeated Goliath if He have full confidence that God was His strength? God helped David be brave because David knew that God was on his side and he didn't have to be afraid of Goliath!

Matthew 19:26 But Jesus looked at them and said, “With men this is impossible, but with God all things are possible.”

- Jesus had to be brave when He went and died on the cross for our sins. Even though everything and everyone around Him was against Him, Jesus knew that God was on His side and He would defeat His enemies and our enemies just like David defeated Goliath. When we make the decision to follow Jesus and become a part of God's

family, our enemies are defeated and we have nothing to be afraid of because God is on our side!

Close our in prayer

“God thank you so much that you love us enough to always be on our side. Thank you for sending your son, Jesus, to die for our sins so that we too can overcome our fears and be brave in You. Help us to remember these scriptures today and stand on them when we need to be brave. In Jesus name, Amen.”

Activities

1. Talk about one fear you all have and commit to praying over this fear every day together and see what God does!
2. Make your own sling shot like David! Cut out the bottom of a small plastic cup, tie a knot on a balloon (do not blow it up) and cut off the tip of the balloon. Wrap the balloon over the cup and shoot marshmallows!

